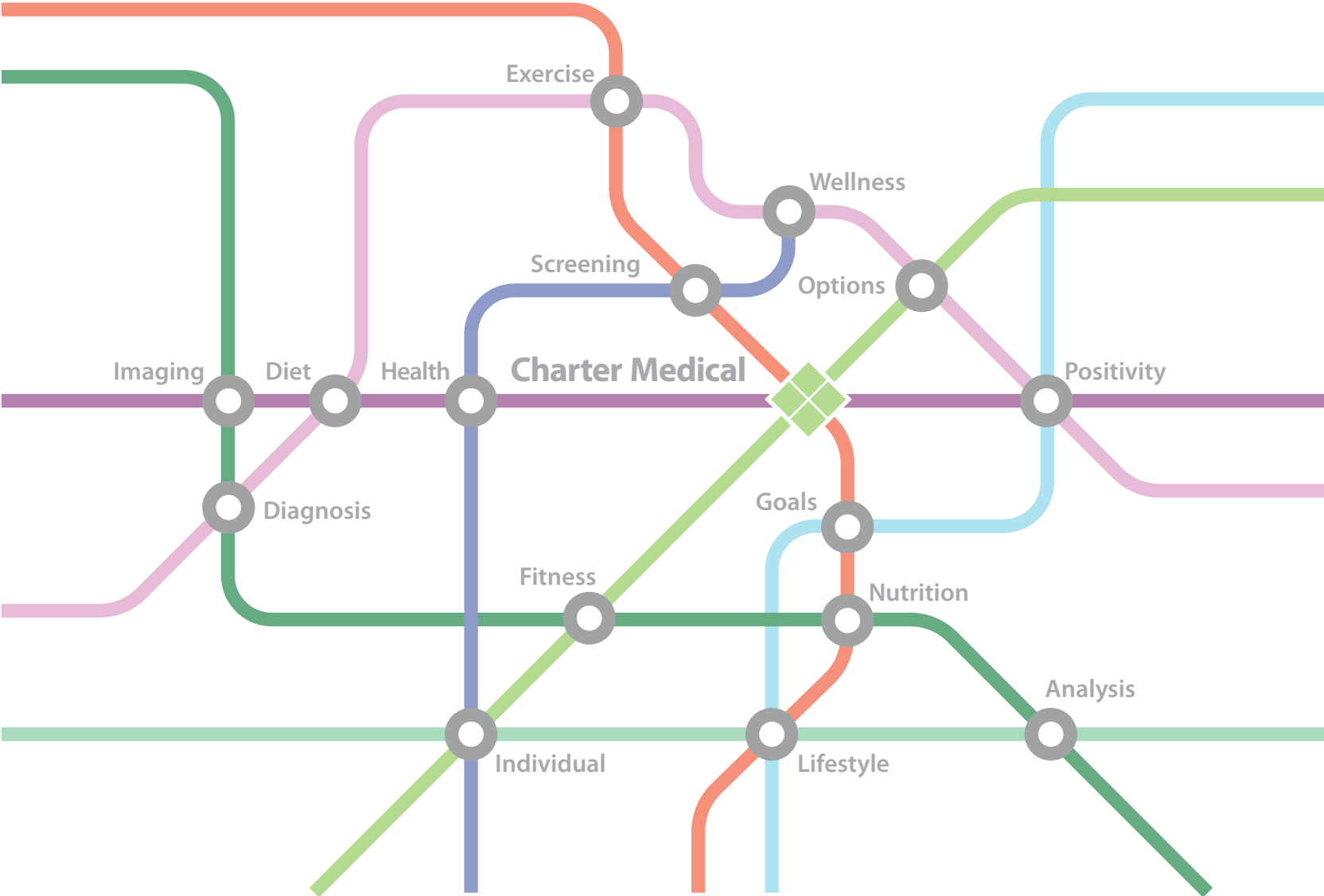


# Corporate Health Wellness

CharterMedical







## **About Charter Medical**

Let's have a healthy conversation about your team. We provide a complete Corporate Medical service. Our consultants, who are leaders in their respective fields, manage a range of clinics which are tailored to meet individual needs.



## Our Services

Pre-Employment Medicals

Health Screen Programmes

Health Matters Programme

Women's Health Clinic

Sexual Health Clinic

Medical Diagnostic Imaging

Minor Injuries Clinic



## Occupational Health

We provide a full corporate medicine programme which includes:



Pre-Employment Medicals



Vaccination Programmes



Education and Health Awareness



Drug and Alcohol Testing



A vertical teal line runs down the left side of the page, starting from the top left corner and curving slightly. Along this line are seven circular markers of different colors: dark blue, light grey, light green, purple, orange, pink, and dark blue.

## Health Screen Programmes

We offer the most comprehensive health screening packages available, with a thorough set of tests and evaluations to help identify any potential health issues.

We tailor each health screen to an individual's age, gender, family history and lifestyle. We have a number of options to choose from which can be designed to suit your needs and budget.

Executive Health Screen

Medi Screen

## Executive Screen

## Medi Screen

### Indices Measured

Presenting Health Issues/Symptoms Review	●	●
Medical History	●	●
Lifestyle and Nutritional Assessment	●	●
Relevant Family History	●	●

### Review of Prescriptions

Review of any Current Prescriptions	●	●
Change or Renewal as required	●	●

### Physical Examination

Blood Pressure	●	●
Height and Weight	●	●
BMI Calculation	●	●
Abdominal Girth	●	●
ECG	●	●
Cardiovascular and Respiratory Examination	●	●
Thyroid Examination	●	●
Abdominal Examination	●	●
Musculo-skeletal Examination	●	●
Breast Examination (Women only)	●	●
Pelvic Examination (Women only - if indicated)	●	●
Testicular Examination (Men only)	●	●
Lung Function Test	●	

## Executive Screen

## Medi Screen

### Clinical Investigations

Full Blood Count	●	●
Bone Profile	●	●
Liver Function Test	●	●
Lipid Profile (Cholesterol & Triglycerides, HDL & LDL)	●	●
Fasting Blood Sugar (Diabetes)	●	●
Kidney Function Test	●	●
Vitamin D levels	●	
Urinalysis	●	
Thyroid Function Testing	●	
Vitamin B12 and Folate	●	
Magnesium	●	
Iron	●	
Ferritin	●	
DXA/X-Ray (if clinically indicated)	●	
Hormone Profile (Women only if required)	●	
Fertility (Women only if required)	●	
CA 125 Ovarian Cancer Marker (if clinically indicated)	●	
Prostate Specific Antigen (Men only)	●	
Stool Analysis (Fit Kit)	●	

### Time Required

2 Hours

90 Mins

Price	€495	€295
Complete Medical Debrief	●	●

Reduced rates are available if you have private health insurance or a medical card.



A vertical light blue line runs down the left side of the page. It features seven circular markers of different colors: dark blue, grey, white, purple, orange, pink, and dark blue. The top of the line curves to the right.

## Health Matters Programme

The focus of our Health Matters Programme is illness prevention and the ongoing optimisation of your health. This twelve week Programme is a follow on from the Executive Screen which is designed for those patients where the following conditions have been identified:

- High Cholesterol
- High Blood Pressure
- Elevated Body Mass Index

The programme includes:

- An initial consultation with the doctor where a nutritional and activity plan will be discussed
- Body Fat Analysis Scan
- Monthly contact with the Health & Wellness nurse to discuss progress
- Call with the doctor six weeks into programme
- At the end of the programme, the patient will have a final consultation with the doctor which will include blood tests, a further Body Fat Analysis Scan and results will be discussed.

Health Matters programme

€300



## Women's Health Clinic

We offer a Women's Health Clinic. This service has been designed for women of all ages and is managed exclusively by a team of experienced female doctors.

Contraception Clinic

Emergency Contraception

Cervical Smear

HPV Vaccine

Menstrual Cycle Issues

## Sexual Health Clinic

Our Sexual Health Clinic provides friendly, thorough, discrete and reassuring care for all aspects of sexual health.



## Medical Diagnostic Imaging

We provide the following modalities onsite:

MRI Scan

CT Scan

Ultrasound

X-ray

DXA Scan

## Minor Injuries Clinic

We provide rapid-response care and treatment of non-acute injuries, which include:

Suturing/stitching of wounds

Setting breaks and fractures, with plaster of Paris

Minor surgical procedures

X-rays



**CharterMedical**  
MEDICINE YOU CAN TRUST

**“We are conveniently located in Dublin City Centre,  
just a two minute walk from the Smithfield Luas stop.”**



THE FORGE, SMITHFIELD, DUBLIN 7



(01) 657 9000



(01) 657 9035



healthscreening@chartermedical.ie



www.chartermedical.ie



facebook.com/chartermedical



@CharterMedDub



@chartermedicaldublin